



Suicidal Ideation

Thursday Feb 19, 2026

3 to 4:30pm on ZOOM

Contact peerworknetwork@vch.ca for zoom link

Coping with Suicidal Ideations in service users – The Scope of a Peer Facilitator

Presented by
Vanessa Carle

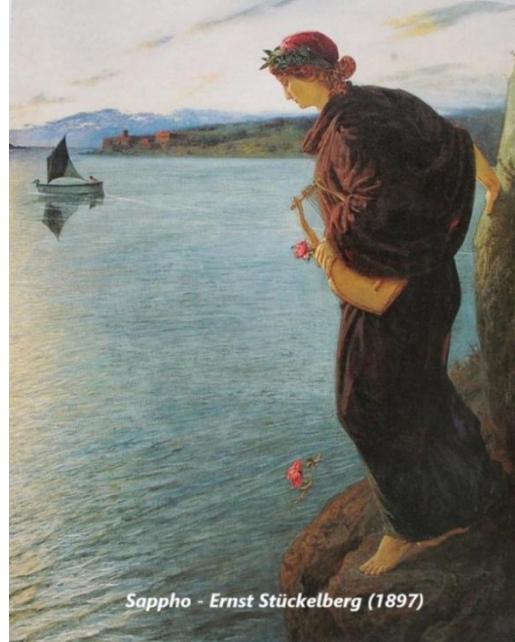
Smart Recovery Coordinator
VCH Harm Reduction Team

Vanessa will cover what a peer facilitator's responsibilities are in the case of suicidal ideation concerning a client. How to identify this ideation and what steps to follow depending upon whether the ideations are passive or active.

Vanessa has supported peer individuals navigating acute mental health concerns including suicidal and homicidal ideation and psychosis for many years through the University of British Columbia and Vancouver Coastal Health.

Vanessa has extensive facilitator experience from yoga to Cognitive Behavioral Therapy (CBT) and Rational Emotive Behavior Therapy (REBT) oriented programing. Vanessa leads her work using trauma-informed practices with a strong emphasis on individual autonomy.

Please join Vanessa and your PWN members during this crucial discussion concerning your clients.



A Consumer Involvement and Initiatives forum for all BC peer workers; including peer support workers, peer facilitators, peer navigators and CIF project leads.

