



# Implicit Bias

**Thursday - July 17th  
3:00 to 4:30pm**

**Contact**  
**[peerworknetwork@vch.ca](mailto:peerworknetwork@vch.ca)**  
**for the Zoom link**

Unconscious (or implicit) bias refers to the automatic, instinctive prejudices we hold towards others. Implicit bias can influence our decisions and actions without our conscious awareness.

An implicit bias can make us susceptible to unintentionally acting in ways that are inconsistent with our values. Although we do not choose to have an implicit bias, we can choose to be aware of it and combat its effects.



It is important that we recognize that we all have implicit biases and that implicit bias can negatively affect interactions and outcomes in mental health care practices.

***Learn to identify, understand and deal with your implicit biases.***

A Consumer Involvement and Initiatives forum for all BC peer workers; including peer support workers, peer facilitators, peer navigators and CIF project leads



**Vancouver  
CoastalHealth**