



*An interactive discussion  
on Peer Support*

## **Boundaries**

**Peer Work Network  
New Time!**

**September 19th - Thursday  
3pm to 4:30 pm on Zoom**

Contact [peerworknetwork@vch.ca](mailto:peerworknetwork@vch.ca) for the Zoom link

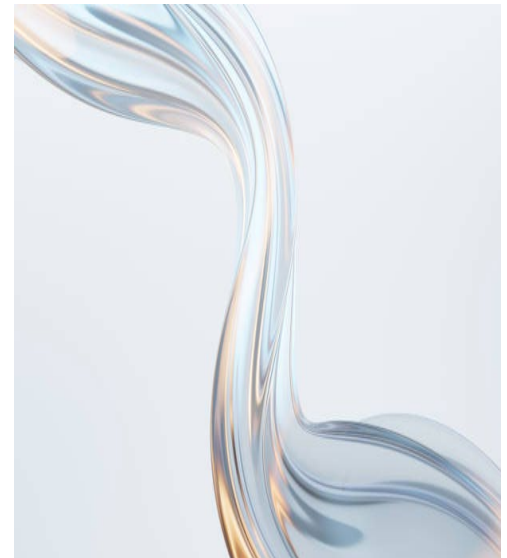
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An essential component of Peer Support is sharing lived experience. By its very nature, Peer Support has more fluid boundaries which can be helpful in cultivating supportive relationships.

Both boundaries and confidentiality are essential for building trust, respect and rapport with peers. Peer Support workers need to be aware of and respect the boundaries and confidentiality of their peers, *as well as their own*.

Knowing where our boundaries are will also prevent us from manipulation, vicarious trauma (burnout) or becoming enmeshed with clients.

Join us for an interactive discussion on the uniqueness of Peer Support Boundaries.



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A Consumer Involvement and Initiatives forum for all BC peer workers; including peer support workers, peer facilitators, peer navigators and CIF project leads.



**Vancouver  
CoastalHealth**