



Come celebrate with us!

OPEN HOUSE & PROGRAM FAIR
TO INTRODUCE OUR

NEW

Rainier Women's Wellness Space

Warm Food and Refreshments

Cake!

will be served

A COMMUNITY SPACE FOR ALL WOMEN IN THE DTES



CONNECT WITH WOMEN IN THE COMMUNITY, MEET THE PROGRAM FACILITATORS, AND ENJOY A WARM MEAL.

GROUPS INCLUDE: ART THERAPY, YOGA, MUSIC, ACUPUNCTURE, GRIEF AND LOSS, FITNESS,

SEEKING SAFETY, STEPS, HOMEOPATHS, THE SCIENCE OF MEDICINES, MENTAL WELLNESS, WRITING, AND MORE.

Monday

FEBRUARY 3rd

3PM - 6PM

309 Carrall Street



All who identify as women in the DTES heartily invited