



ST. PAUL'S HOSPITAL

PROVIDENCE HEALTH CARE

St. Paul's Mental Health Program Presents:

Mental Health Education Day 2014

MOVING FORWARD



May 21, 2014

7:30 am to 4:30 pm

St. Paul's Hospital

1081 Burrard Street

Vancouver

New Lecture Theatre

Registration

Regular: \$25 | Students: \$10

Light breakfast and refreshments included

Online Registration:

www.eply.com/MentalHealthEducationDay

In-Person Registration:

Mental Health Wellness Clinic, St. Paul's Hospital

Mon to Fri: 8:30 am to 3:00 pm

This year's focus is on *Moving Forward*. Moving forward reflects both the challenges we face and the strengths we use to persevere and move beyond them.

Panelist Discussion

Maria Corral, MD,
Sandra Yuen MacKay,
Gail Windsor, Tracy
Windsor

Uncover what it means to move forward in Mental Health from physician, family and patient perspectives.

Professionalism and Social Media

Barbara Willson &
Grant Warrington

Explore the ethical and legal issues you face as social media permeates your personal and professional lives.

Moving Forward From a Jungian Perspective

Pohsuan Zaide, PhD

Learn about the vision of Swiss psychiatrist, Carl Jung, that recovery from mental illness must be based on relatedness and empathy.

Stand Up for Mental Health

Most people think you have to be nuts to do stand-up comedy... for others, it's a form of therapy. These comedians shed light into their personal experiences with Mental Health while making you laugh.