



Conquering Waves 2014

Dragon boat season is nearly here! The **Conquering Waves Dragon Boat Team** challenges the stigma of mental illness by bringing together individuals living with mental illness, their friends and families to train weekly and compete in the annual **Rio Tinto Alcan Dragon Boat Festival**. Come join us for this upcoming 2014 season and experience the fun of this fantastic team sport. Whether you're a veteran paddler or a curious newcomer, come along to this important information/registration session for this upcoming season.

Registration Day:

Wednesday March 12th 2014
1:00pm - 3:00pm

Where:

Paddling Centre at Creekside Community Centre

1 Athlete's Way, close to Main and Terminal, on the seawall near Science World in False Creek

First practice is Saturday March 15th, 1:00pm - 3:00pm



For more information, contact a Recreation Therapist at Open Door Group
Ph: (604) 876 0773



INSPIRATION
AT WORK



RioTinto Alcan
**DRAGON BOAT
FESTIVAL**
JUNE 20-22 2014